



ASPED
ARAB SOCIETY FOR PAEDIATRIC
ENDOCRINOLOGY & DIABETES
الجمعية العربية للغدد الصم و سكري الأطفال

th
5 ARAB SOCIETY
FOR PEDIATRIC
ENDOCRINOLOGY & DIABETES
(ASPED) CONFERENCE

1st - 3rd October, 2024

OBEROI HOTEL AL MADINA - KSA

THE THEME:

**The Unique Face of
ASPED Endocrinology**

**SCIENTIFIC
PROGRAM**



asped2024.com



الهيئة السعودية للتخصصات الصحية
Saudi Commission for Health Specialties



DAY 1

TUESDAY October 1st, 2024

OBEROI HOTEL AL MADINA- KSA



08:00 – 08:30

REGISTRATION



08:30 - 8:40

Abdelhadi Habeb



WELCOME & HIGHLIGHTS OF THE PROGRAM



08:45 - 09:15

OPENING LECTURE

25 MIN + 5 MIN Q&A

Chair: Raha Hamza



- The unique Face of ASPED Endocrinology

Asma Deeb



09:15 - 10:00



OPENING CEREMONY



10:00 - 10:30

Coffee Break & Poster Tour



10:30 - 12:00

SYMPOSIUM 1: DIABETES

4 X 20 MIN

Chairs: Abdulaziz Al-Twaim



Ibrahim Al-Alwan



S1- How common is childhood diabetes in the ASPED region?

Mohamed Abdullah



S2- The challenges of establishing a National Diabetes Registry

Hessa Habib



S3- Prevention of T1D: dream or reality?

Nancy Elbarbary



S4- Screening for T1D: experience from the region

Reem Al-Khalifa



10 MIN

Panel Discussion





12:00 - 13:00

Coffee & Prayer & Poster tour



Poster tour Chairs

Rasha Al-Raddadi



Ihsan Eid



13:00 - 14:30

(AL YAQOOT HALL)

HOW DO I MANAGE (I)

(3X20 + 5 MIN)

Chairs: Elham Al-Amiri



Mongia Soussou



• Precocious Puberty
Ibrahim Alwan



• Unusual thyroid results
Guftar Shaikh



• Polycystic ovarian syndrome
Hala Tfayli



(AL FAYROOZ HALL)

ORAL COMMUNICATION (I)

6 X10+5 MIN Q&A

Chairs: Talat Mushtaq



Ghaya Al-Qurainis



• Familial Pediatric T1D during
the COVID-19 pandemic in Kuwait
Dalia Al-Abdulrazzaq et al



• The Impact of COVID-19 Pandemic
on the incidence of childhood Type 1
Diabetes in Madinah

Ibrahim Bali et al



• Effectiveness of Burosumab on
children with XLH: A Prospective
Single-Center Study

Alhanouf Aljaser et al



• The Impact of long-acting
Somatrogen on Prepubertal Children
with GHD: A Real-World Study.

Mohamed Awad et al



• The Efficacy of Whole Exome
Sequencing in the diagnosis of
Idiopathic Short Stature

Sara Aljazaeri et al



• The iPhone Measure app as
a measuring device for children
height: a reliability study

Reham Ghanim et al





14:30 - 16:00

Lunch, Prayer & poster tour



Poster tour Chairs

Rasha Al-Radadi



Ihsan Eid



16:00 - 17:30

(AL YAQOOT HALL)

ENDO GRAND ROUND 1

4 X 10 + 10 MIN

Chairs:

Mohamed Abduljabar



Amal AlJohani



CASE PRESENTERS

• Cushing syndrome:

Asmahane Ladjouze



• Hypoglycemia

Khalid Salih



• Diabetes

Milad Gwail



• Lipodystrophy

Saif Al-Yarubi



PANELLISTS

Mohamed Abdullah

Talat Mushtaq

Asma Deeb

Khalid Hussain

(AL FAYROOZ HALL)

DIABETES TECHNOLOGY

3X20+5 MIN

Chairs: Salah Al-Hasi



Sahar Merghani



• Update on insulin pump therapy

Ahmad Elawa



• Hands on experience with CGM

Najiya Attia



• Challenging cases

Naweed Al-Zaman



17:30 - 20:15

Prayers & Tours



DAY 2

WEDNESDAY October 2nd, 2024

OBEROI HOTEL AL MADINA- KSA



08:00 – 08:30

REGISTRATION

🕒 08:30 – 10:00

NOVEL INSIGHTS INTO PAEDIATRIC ENDOCRINOLOGY

(3X 25 + 5 MIN Q&A)

Chair: Mohamed AL-Maghamsi 

Nancy Elbarbay 

- New and Emerging Therapies for Rare Bone Diseases

Zulf Mughal 

- Recent advances in the mechanism and treatment of congenital hyperinsulinemia

Khalid Hussain 

- Childhood Obesity: Can pharmacotherapy be the answer?

Rasha Hamza 

🕒 10:00 - 10:30

Coffee Break & Poster Tour



🕒 10:30 – 12:00

SYMPOSIUM 2: BONE HEALTH

4 X 20 MIN

Chairs: Zulf Mughal 

Bassam Bin Abbas 

S5- Vitamin D, not just about bone

Adnan Al-shaikh 

S6- Bone health in chronic disorders

Fahad Al-Juraibah 

S7- XLH beyond the clinic: patient's experience & data collection

Afaf Al-Saghier 

S8- How can a routine ALP test trigger the diagnosis of a rare bone disease

Abdulmajeed Al-Subaiheen 

🕒 10 MIN

Panel Discussion





12:00 - 13:00

Coffee & Prayer & Poster tour



Poster tour Chairs

Khlood Al- Harbi



Jumana Abulkasim



13:00 - 14:30

(AL YAQOOT HALL)

HOW DO I MANAGE (2)

(3X20 + 5 MIN)

Chairs: Haya AlKhayat



Eman Badawood



- Diabetes insipidus

Talat Mushtaq



- Type 2 Diabetes in children & adolescents

Sarah Ehtisham



- Hyperlipidaemia

Mohamed Al-Dubayee



(AL FAYROOZ HALL)

ORAL COMMUNICATION (2)

6 X10+5 MIN Q&A

Chairs: Guftar Sheikh



Muhammed Abdulshakour



- The effectiveness of adolescent health care clinic in the transition from pediatric to adult health care

Najya Attia et al



- Ten-year follow up for a child with non-lethal form of Raine Syndrome.

Hanan Al-Azkawi et al



- Androgen excess and the severity of metabolic dysfunction.

Wogud Ben Said et al



- The Impact of Sleep Quality and Metabolic Control in Children with Type 1 Diabetes: A Prospective Cohort Study.

Sara Al Ghamdi et al



- Incidence, Phenotypes, and Genotypes of Neonatal Diabetes in Sudan: A 16-Year Experience.

Samar Hassan et al



- Genetic and clinical characterization of primary adrenal Insufficiency in a Large Sudanese children cohort

Salwa Musa et al





14:30 - 16:00

Lunch, Prayer & poster tour



Poster tour Chairs

Khlood Al- Harbi



Ghaya Al-Qurainis



16:00 - 17:30

(AL YAQOOT HALL)

ENDO GRAND ROUND 2

4 X 10 + 10 MIN

Chairs: Areej Ibrahim



Afnan Turkistani



CASE PRESENTERS

• DSD

Abdullah Al-Faris



• Mini Puberty in preterm

Abdulsalam Abu Libdeh



• Thyroid

Sana Kmiha



• Pitutary

Rasha Odah



PANELLISTS

Guftar Shaikh

Ibrahim Al-Alwan

Rasha Hamza

Mohamed Abduljabbar

(AL FAYROOZ HALL)

DIGITAL MEDICINE

3X20+5 MIN

Chairs: Ibrahim Bali



Ahmed Abdulghader



• Adherence & long-term growth outcomes from the Easypod connect study

Bassam bin Abbas



• Transforming diabetes care through artificial intelligence: AI and diabetes retinopathy

Selwa Al Hazzaa



• Telemedicine: benefits & regulations

Mohamed Al-Harbi



17:30 - 20:15

Prayers & Tours





Gala Dinner

BY INVITATION

20:30 - 23:30

DAY 3

THURSDAY October 3rd, 2024

OBEROI HOTEL AL MADINA- KSA



08:00 – 08:30

REGISTRATION

🕒 08:30 – 09:15

SYMPOSIUM 3:

ENDOCRINE LATE EFFECTS OF CANCER THERAPY

(20 +15+5 MIN Q&A)

Chair: Sarah Ehtisham 

Rasha Odah 

- Introduction & European experience

Guftar Shaikh 

- Experience from the ASPED region

Amir Babiker 

🕒 10 MIN

Panel Discussion



🕒 09:15 – 10:10

STATE OF THE ART GUIDELINES

(2X 20 + 5 MIN Q&A)

Chair: Abdelaziz Elamin 

Abdulla Al Harbi 

- Acute adrenal failure

Talat Mushtaq 

- GHD during transition

Angham Al-Mutair 

🕒 10:00 – 10:30

Coffee Break & Poster Tour



DEBATE

(15+15+10 MIN Q&A)

Chair: Asma Deeb 

Long-acting growth hormone should be recommended for all children with Growth Hormone Deficiency.

Abdulmoein AL-Agha

For

Abdulmoein AL-Agha

 15 MIN



Against

Walid Kaplan

 15 MIN

 10 MIN

Voting & Comments



 11:15 - 12:00

Abstract Winning Awards
Closing Remarks



FOR MORE INFORMATION

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